

**IMPORTANT INSTRUCTIONS FOR YOUR UPCOMING ALLERGY TEST**

In order to achieve accurate results and to ensure your safety, you need to avoid several medications prior to your allergy skin test. Failure to avoid these medications may result in inaccurate testing or an inability to perform your test at the scheduled time.

Please carefully review the following list of medications. Remember that **over the counter medications are included. This includes most medications with a “PM” designation.** Please review the active ingredients in your over the counter medications to see if they match any medications on this list.

**STOP ALL MEDICATIONS ON THIS LIST AT LEAST 7 DAYS BEFORE YOUR ALLERGY TEST.**

**DO NOT STOP** any inhaled asthma medications, nasal steroids or routine medications.

If coming in for a “re-test”, you cannot have had an **allergy injection** within the past 7 days.

If you have questions about this list or are unsure about your medication, call the allergy staff at 502-894-8441 ext. 223 at least 8 days before testing. If you believe that you cannot stop your medications, please discuss this with your physician or the allergy staff prior to the test date

<b><u>Antihistamines</u></b>		
Actifed	Clemastine	Poly-histine
Alka-Seltzer Sinus Allergy	Cloricidin	Rynatan
Atarax	Cyproheptadine	Sinarest
BC Cold Powder	Desloratadine	Sudafed Plus
Alavert	Dimetane/Dimetapp	Tavist
Allegra	Diphenhydramine	Triamcinic Allergy
Benadryl	Fexofenadine	Tylenol Allergy/Sinus/PM
Cetirizine	Hydroxyzine	Vicks NyQuil
Chlorpheniramine	Ketotifen	Vicks Pediatric Formula
Chlor-Trimeton	Levocetirizine	Xyzal
Clarinex	Loratadine	Zyrtec
Claritin	Nalex	
<b><u>Antihistamine Nasal Sprays</u></b>	<b><u>Antihistamine Eye Drops</u></b>	<b><u>Herbal Medications</u></b>
Astelin	Optivar	Green Tea
Astepro	Pataday	Licorice
Azelastine	Zaditor	Saw Palmetto
Patanase/Olopatadine		

<b><u>Anti-Anxiety Medications / Mood Stabilizers / Sleep Aids</u></b>		
Ambien	Lunesta	Trazadone
Alprazolam	Mirtazapine	Wellbutrin
Bupropion	Quetiapine	Xanax
Desyrel	Remeron	Zolpidem
Eszopiclone	Seroquel	
<b><u>Tricyclic Antidepressants</u></b>	<b><u>Anti-Nausea / H2 Blockers</u></b>	
Amitriptyline	Antivert	Meclizine
Clomipramine	Cimetidine	Pepcid
Doxepin	Dramamine	Phenergan
Elavil	Dimenhydrinate	Promethazine
Imipramine	Extendryl	Ranitidine
Nortriptyline	Famotidine	Tagamet
Pamelor	Lodrane	Zantac

**Beta Blockers** – these medications used to treat high blood pressure usually end in “lol”. Contact our office if you are taking a beta blocker (including eye drops) and are scheduled for allergy testing. There are special instructions and additional information that you will need. Do not stop these medications without your prescribing doctor’s permission. You should discuss with your prescribing doctor if there are alternative (non-beta blocker) medications that you can be safely changed to so that you can undergo allergy testing and treatment.

PLEASE CONTINUE TO NEXT PAGE.

**It is the patient's responsibility to contact his/her insurance company regarding coverage and any referrals that may be needed for testing and treatment.** Charges normally range from \$600-\$1500 for testing. We strongly advise you to contact your insurance company to check your benefit coverage. Please note that those with Blue Cross and Blue Shield insurance having an enrollee ID beginning with the prefix FGP have no benefit coverage for testing or treatment

**Notice:** You will be charged a \$50.00 fee if you do not show for your scheduled testing and have not contacted our office at least 24 hours in advance.

To reschedule your appointment, please contact our main office at 502-894-8441.

Patient Name: \_\_\_\_\_ Account Number: \_\_\_\_\_

Scheduled Date: \_\_\_\_\_ Time: \_\_\_\_\_

Signature \_\_\_\_\_

Signing here confirms that you have read the list of restricted medications and understand the "no show" fee and rescheduling notification time requirements.

SMM 12/2014